

Bulletin Board

COMPILED BY ANNA BEACH

TUESDAY

Sit 'N' Fit Chair Yoga, class for seniors, 9 to 10 a.m. at N.E. Focal Point, 227 NW Second St., Deerfield Beach. \$2 per class. Call 954-480-4463.

Property Appraiser Outreach, 10 a.m. to noon at Coconut Creek City Hall, 4800 West Copans Road; 4:30 to 6 p.m. at Tamarrac Community Center, 8601 W. Commercial Blvd. Free. Call 954-357-5579.

Couponing! Escape High Food Prices, workshop, 1 to 3 p.m. at Miramar Library, 2050 Civic Center Place. Call 954-357-8090.

Fort Lauderdale Mah Jongg Group, 1 to 4 p.m. at Beach Community Center, 3351 NE 33rd Ave. Cost: \$2. Call 954-557-7890.

South Regional Chess Club, 3 to 5 p.m. at South Regional/Broward College Library, 7300 Pines Blvd., Pembroke Pines. Call 954-201-8825.

NAMI Mental Health Consumer Support Group, 3 p.m. at Pamela Ann Glassman Center, 7145 W. Oakland Park Blvd., Lauderhill. Free. Call 954-316-9907.

NAMI Mental Health Family and Loved Ones Support Group, 7:30 pm Broward Health Imperial Point Medical Center, 6401 N. Federal Highway, Fort Lauderdale. Free. Call 954-316-9907.

Take Off Pounds Sensibly, 6 p.m. at Collins Center, 3900 NE Third Ave., Oakland Park. Call 954-296-4137.

Condominium Board Certification Course, 6:30 to 8:30 p.m. at Kaye Bender Rembaum, 1200 Park Central Blvd. South, Pompano Beach. Free. Call 954-928-0680.

Toastmasters, 6:30 p.m. at Jim Ward Community Center, 301 NW 46th Ave., Plantation, 954-253-2645; 7 to 8:30 p.m. at Denny's, 3151 NW Ninth Ave., Fort Lauderdale, 954-600-1532.

Arpeggione Chamber Orchestra of Austria, 7 p.m. at Susan B. Katz Theater, River of Grass ArksPark, 17189 Sheridan St., Pembroke Pines. Free. Call 954-986-5027.

Breast Cancer Support Group, 7 p.m. at Hollywood Memorial South, 3600 Washington St. Free. Call 954-791-6318.

Nar-Anon Family Group Meeting, 8 to 9 p.m. at 5725 S. University Drive, Davie. Call 888-947-8885.